### National Prisoner Healthcare Network Advisory Board

**Date** Thursday 5th May, 2016 / 1000-1230hrs  
**Venue** Scottish Government, St Andrews House, Edinburgh, EH1 3DG

#### Present

<table>
<thead>
<tr>
<th>Name</th>
<th>Organisation and Role</th>
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<tbody>
<tr>
<td>Andreana Adamson (AA)</td>
<td>NHS Health &amp; Justice, Scottish Government (Chair)</td>
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<tr>
<td>Teresa Medhurst (TM)</td>
<td>Scottish Prison Service, Vice Chair</td>
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<tr>
<td>Tom Byrne (TB)</td>
<td>National Prisoner Healthcare Network</td>
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<td>John Porter (JP)</td>
<td>National Prisoner Healthcare Network</td>
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<td>Tom Jackson (TJ)</td>
<td>Glasgow CJA</td>
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<td>Ruth Parker (RP)</td>
<td>Scottish Prison Service</td>
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<td>Alister Purdie (AP)</td>
<td>Governor in Charge, HMP Grampian</td>
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<td>Kerry Morgan (KM)</td>
<td>Scottish Government</td>
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<td>Dr Philip Conaglen (PC)</td>
<td>Directors of Public Health</td>
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<tr>
<td>Tracey McKigen</td>
<td>REAS, NHS Lothian</td>
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<tr>
<td>Claire Hastie (CH)</td>
<td>NPHN Support Team, Administrator (Minutes)</td>
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#### Apologies

- Mark McEwan, NHS Grampian, representing NHS North Region
- Val De Souza, Social Work Scotland
- Wendy Spencer, Turning Point Scotland
- Fiona Gordon, NHS Forth Valley
- Fiona Jamieson, The Robertson Trust
- Jayne Miller, NHS Greater Glasgow & Clyde, representing NHS West Region
- Sharranne Findlay, Deputy Governor, HMP Low Moss
- Phil Eaglesham, NHS Health Scotland

#### In attendance

- Professor Lindsay Thomson (LT), The State Hospital & Forensic Network
- David Strang (DS), Her Majesty’s Chief Inspector for Prisons in Scotland
- Ruth McMordu (RMc), NHS Ayrshire & Arran (Deputising for Jayne Miller)
- Jillian Galloway (JG), NHS Tayside (Deputising for Mark McEwan)
- Darline Reekie (DR), NHS Forth Valley (Deputising for Fiona Gordon)

#### Item No. Item Action

1. **Opening remarks introduction and apologies**
   
   - AA welcomed all to the meeting, introductions were made and apologies noted.
   
   - AA welcomed David Strang and Professor Lindsay Thomson to the Advisory Board for this meeting.

2. **Review of previous minutes**
   
   - The minute of the previous meeting was reviewed and agreed with the following amendment
     
   - Agenda item 7 – CH to amend the note to highlight the action point for AA to write to Sir Lewis Ritchie’s office for a discussion on the omission of prisoner healthcare in the final Primary Care Out of Hours Review. **CH**
### Matters arising

1. **SPS personnel changes**
   TM will email to CH for circulation to Board members.

2. **Two Governor’s to join NPHNAB**
   Sharanne Findlay (HMP Low Moss) and Alister Purdie (HMP Grampian) have now joined the Board membership.

3. **SPS NPS work**
   RP informed the Board sign off is pending from the Scottish Ambulance Service before it can be tabled for discussion at a future Board meeting.

AA also highlighted the clinical guidance developed by the NPHN SLWG is awaiting sign off from Police Scotland and has discussed this with the Chief Constable to progress further.

4. **Community Custody Units – Female offenders**
   The new manager is in post for the community justice unit programme. A Strategy Steering Group is being convened with the meeting later in May; AA and TM are on the membership of this group and will provide an update at the next meeting.

   A SLWG have been reviewing the operational elements of the codes to update where necessary. RP will provide an update once the review is complete and issued to prisons.

6. **Health Alerts**
   An issue was raised regarding health staff in prisons receiving alerts through various channels. AA has raised this with NHS Health Scotland to ensure processes are put in place for health staff to receive these alerts.

7. **Primary Care Out of Hours Review**
   AA met with colleagues to discuss the omission of prisoner healthcare in the recent published review. It was confirmed that the review does include prisoner healthcare, although not explicitly agreed that workstreams would include prisons and custody as appropriate.

8. **Read only access to ADASTRA in prison**
   AA confirmed funding has been secured to provide read only access to ADASTRA in all prisons. (P.C. OOH Review).

9. **Clinical IT – Prescribing and Administration of Medicines**
   A commission paper has been produced for NSS with TB leading the project for the NPHN.
## NPHN Work plan

### 4.1 Workplan Review

The NPHN workplan was reviewed with the following noted:

**Prison Pharmacy Group**

TB discussed ongoing work to address use of Gabapentin and Pregabalin, and is currently working with the Royal College of Anaesthetists to hold an event early 2017 for managing pain in secure settings.

Work is progressing in drafting an analgesic formulary with colleagues in NHS Ayrshire & Arran.

**Healthcare Managers Group**

Met on 15th April to discuss Social Care Needs Assessment with colleagues attending from SPS, Workforce planning, the outputs of the Board Leads Development Day and the draft SPS Food Refusal Policy.

**Male youth offender health**

A new SLWG have met three times to discuss drafting a best practice specification on throughcare and reintegration. A pilot will focus on NHS Lothian for Edinburgh City.

**Mental Health**

AA will meet with Mental Health Policy team to discuss new Mental Health Strategy to ensure there is better representation for offender health in the strategy commitments. RP undertaking similar work at SPS and happy to link in with AA.

**Outcomes and Performance Management**

Group continues to work on identifying a core set of read codes for reporting. TMc has taken over as Chair of the workstream. An initial exercise is ongoing with long term conditions, comparing VISION data with prison data to highlight the lack of consistent coding and national variances in processes.

Following the Board Leads development day, this has now been added to the agenda for Medical Directors National meeting.

TB to speak with colleagues in NHS Lanarkshire to determine what resources they needed to recruit medical students to read code patient consultations.

**Psychological Therapies**

AA to circulate minute from recent meeting once it is complete.

**Screening Services in Prison**

SLWG with NHS Prison Health Leads / Healthcare Managers and NSS. Progress includes development of risk register and prisoner informed posters on access to screening programmes. JP to provide a report to the NPHNAB at the next meeting on progress.

**Substance Misuse Implementation Group**

The audit tool is due for completion by all prisons by 6th May; a full analysis will be made and taken forward with the SLWG.
**Throughcare**
All audit tools have been returned, CH is providing a compiled paper for JP to analyse before a full report is provided to the NPHNAB at the next meeting. It was agreed to invite a Throughcare Officer to the next meeting.

**5 Nations Scottish Coordinating Group**
The national 5 Nations Health and Justice Collaborative met in Belfast in March, with a focus on smoke free prisons, NPS and joint research opportunities. The next meeting is scheduled to be hosted by England on 1st July in London. CH to circulate the minute of the Belfast meeting to Board members.

**4.2 NPHN Brain Injury & Offending Report**
JP presented the Brain Injury & Offending Report on behalf of Professor Tom McMillan, Chair of the workstream group. Following a consultation period, comments, queries and additional information were considered for the final report being discussed today.

All recommendations in the report were highlighted. Professor McMillan is continuing work on research with the Forensic Network and NHS Education for Scotland, having secured some funding from NHS Boards to take some areas of the research forward.

It was agreed the Advisory Board will provide comments on the final draft to CH by 24th June 2016.

Following this discussion, members of the Advisory Board agreed to approve the final report for publication.

**4.4 Draft NPHN Annual Report**
JP presented the first draft of the NPHN Annual Report. The Board are asked to consider the draft report and provide comment on the structure, format, tone, key messages and any gaps by 24th June 2016 to CH to enable the next version to be tabled at the August meeting.

Suggestions were made to weave the achievements throughout the report rather than in an appendix, addressing the gaps in brain injury, mental health needs and performance management.

**National agendas**
The Board agreed it would be helpful to note the dates of the GIC, Board Leads and Healthcare Managers meetings in diaries to ensure any agenda items for discussion from the NPHN are included. CH to obtain all dates and circulate to the Board (See below)

**NPHN Healthcare Managers Group**
22nd July 2016
21st October 2016

**NPHN Board Leads Operational Group**
14th October 2016
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<th>Governors in Charge meetings</th>
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<td>19th May</td>
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5. **NHS Prison Board Leads Update**

TMc updated the Board following the Board Leads Development Day held on 13th April 2016. The aims and outcomes of the day were discussed, and the workplan highlighted with ten priority areas to focus on over the next two years. The group will be co-chaired by TMc and JM.

Following discussions during the development day, Board Leads requested each Board be represented on the Advisory Board membership.

AA suggested writing to the NHS Board Chief Executives to ask who the appropriate people may be to join the Board from each NHS Board. It may also be more appropriate to wait for decisions of Health Board structures following Health and Social Care Integration.

JP suggested even with a regional model as it is currently, Board Leads could rotate attendance to give all the opportunity to attend future meetings.

AA to send out the options available for Board Lead membership to the Advisory Board for comment before a final decision is made.  

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6. **NPHN Mental Health Implementation Report and Consultation Comments**

LT presented the final draft of the Mental Health Implementation Report, following the conclusion of the consultation period. LT highlighted the comments returned from the Mental Welfare Commission in the consultation document for the Advisory Board to note.

LT discussed the ten areas of the report, the recommendations under those areas, progress and actions required by NHS Boards. Notable discussions were as follows:

1. **Needs Assessment**

Due to the needs assessment data being taken from 1993, the group suggested undertaking a comprehensive needs assessment in all prisons to obtain current data. LT to write to C.S.O in first instance.

AA discussed the potential of working in collaboration with Lankelly Chase, if they come to Scotland to undertake assessments by asking them to include the prison population.

VISION Challenges in resourcing were discussed and agreed to write to the Chief Scientists Office to ask for funding to address the concerns and risks with

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recording and medicines management on VISION.

LT highlighted the low cost option of using electronic paper that can be scanned onto VISION which each Board could adopt going forward.

2. Service Mapping
Current staffing and resources is not based on any workforce metrics, there is no suitable workforce model that could be used nationally within each prison establishment. JP is working with Scottish Government and representatives of the National Workforce Planning Group to scope this piece of work and will update colleagues accordingly.

CH will email Board Leads to request responses on implementation of the Mental Welfare Commission recommendations and report back to LT and JP.

3. Models of Care
Recommendation 4 – LT discussed the recommendations from the Royal College of Psychiatrists (available in appendix 6). LT has held discussions on adapting those for Scotland and is requesting the NPHNAB inform NHS Boards they should be adopting these recommendations.

It was agreed to accept this recommendation and make contact with Board Leads to ascertain local baseline information on adoption of the recommendations.

Recommendation 8 – The NPHN Team will continue monitoring of implementation of recommendations and actions.

4. Learning Disability
Directory of LD services is now available for SPS staff. This will allow staff within establishments to informally contact a professional from a prisoner’s local LD service if required.

The “No One Knows” actions listed in Appendix 9 of the report should be tracked by the NPHN Advisory Board.

5. Advocacy
It was agreed the NPHN will contact Health Boards to understand what advocacy services under the Mental Health Act are available at a local level.

6. Problem Behaviours
A group has been established jointly with SPS and Health to work on this complex and long term piece of work.

7. Comorbidity
No additional comments or actions required at this stage.

8. Telemental Health
LT held meeting with SPS and NHS 24 with Tony McLaren and Donald McIntyre on board from NHS 24 taking a Lead. JP will lead from the NPHN.

9. Competencies
A portal has been created with NES with training and resource materials available.
10. Placement of prisoners
No additional comments or actions required at this stage.

AA thanked LT and the group for their hard work and will report back to LT following completion of the actions listed above.

Agreement was made by all Board members to adopt this report and approve for publication.

7. **HMIPS Annual Report**

DS discussed the work of HMIPS and the 2014/15 Annual Report published in October 2015.

Highlights over the past 12 months include the introduction of Independent Monitors, new inspection standards in place which are more detailed and rigorous and those inspections completed within the Annual Report.

Healthcare Improvement Scotland have committed to prison inspections by employing a Senior Inspector who will ensure findings of reports are communicated to the NHS Boards.

A Thematic Inspection will take place in 2016 for prisoners over the age of 60, looking into their health and social care needs.

HMP Grampian report will be published on Wednesday 11th May.

8. **HMIPS Report Common Health Themes**

JP presented a paper on the emerging themes from the HMIPS Annual Report for information.

9. **AOCB**

- Memorandum of Understanding
  Board members to provide comment to CH on the first draft of the review by 30\textsuperscript{th} June 2016.

- Review of ISP
  RP requested a review of the ISP alongside the MOU

10. **Date of next meeting**

Thursday 4\textsuperscript{th} August 2016
10.00-12.30 Meeting Room 6A

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Delta House, 50 West Nile Street
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